



## Packing List

A good guideline is to consider yourself a representative of your faith while on the trip, and let that help you in making clothing decisions. While we are in Baja we would like to respect the culture by wearing pants or long skirts, no sleeveless shirts, no yoga pants, no short shorts, or tank tops. And while we are in Mexico – you will not be able to use blow dryers, straighteners, or curling irons because the state of electricity at DOFO is precarious. We would also like you to not use cell phones, iPods, and portable games while on the trip.

Documents to carry with you: (in a purse, backpack or carry-on bag)

- **PASSPORT!!!**
- Prescription medications (in case baggage is delayed or lost)
- Airline boarding pass with drivers' license or photo id (passport will work)
- Spending money - \$75 - \$120 (in 10's, 5's and 1's) it's up to you.

Items in suitcase: Can be 45 – 50 lbs max – check with your airlines – overweight bags are expensive!

- **WATERBOTTLE!!!!** Put your name on it – it's yours for the week. Also a coffee mug for coffee drinkers
- **BIBLE/notebook or journal/pen**
- **Sleeping bag and pillow or sheets**
- **Flashlight – small one works just fine**
- Work site outfits – 2 pair jeans, 4 tee shirts, comfortable shoes, hat
- Work gloves, hammer, tape measure, work pouch (**all optional – we have plenty there**)
- Nice outfit for church: Guys - nice jeans, nice shirt. Girls – long skirt or dress.
- Sweatshirt or jacket for evenings around the campfire (gets cool in the evenings)
- 3 everyday outfits – Flying out – Returning to the USA on Saturday – Flying home on Sunday
- Swimsuit if you want to swim at the beach or hotel – no speedos, no bikinis... be conservative
- Pajamas – tee shirt and shorts... you can wear shorts around the campsite.
- Underwear and socks for 8 – 9 days
- Flip flops for the shower and beach
- Towel / washcloth – bring a lightweight towel for quick drying
- Shampoo/soap
- Toothbrush/toothpaste
- Deodorant
- Razor/shaving cream
- Tampons/pads
- Sunscreen/lip balm/bug spray/anti-bacterial lotion
- Eyeglasses/contact lenses – saline solution/sunglasses (it is dusty and windy – consider wearing glasses)
- Any prescription medication – make sure you have enough for the week
- Any over the counter meds you need – ibuprofen/allergy meds/Imodium AD/epi-pen
- Ear plugs
- Travel alarm
- Camera – you can use your phone

Estimated Expenses: \$75 - \$120 (not including souvenirs)

- Friday night in San Diego - \$15
- Saturday Lunch at In and Out Burger - \$10
- Offering at La Mision Church - \$5 or \$10.
- Gift for DOFO staff - \$5 or \$10
- Snacks during the week on the job site - \$10 - \$15
- Saturday evening in San Diego - \$15
- Tip for shuttle driver to airport - \$2
- Food for the way home - \$15