

Journey Of God's Deep Healing - Psalm 42:11; 103:1-5

Hear God's Word for you in Psalm 42:5,11; 43:5. "Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God."

Spirit, come to the front to be blessed in the light of God. You are a blessed covenant son/daughter of God Most High. You display His family likeness. You are awesome in Him, and you are not lacking in anything that you need. Your Father is nurturing and growing you in all the spiritual DNA that He designed in you. His gifts and callings are irrevocable. Nothing that you have done or that has happened to you changes that.

Soul, you have known is shame, fear, and control. Your life's work has been to control because of fear. You have controlled what the mind remembers and takes in and processes. You have distorted based on your agenda of not wanting to feel pain or risk. You have been captive in a prison of your own making. You have sabotaged any reality you didn't want to feel or face. You have sabotaged areas of the spirit that relate to God because they are outside the realm of your understanding and identity. The spirit is growing and becoming healthier and asserting itself, and you fear losing control.

Soul, be free from critiquing or rejecting the blessings of God the Father. He is inviting you to put your hand in His and go into this unknown spiritual journey, because He is near and He is safe. Come into agreement with God, and let go of stress and anxiety. Do not be afraid of the "new you," because God made the spirit for such a time as this. Breathe in the love of God, breathe out anything not of Him. Center yourself in the love of Christ and receive His love into all your concerns, and give them to Him.

Listen as the psalmist speaks to his own soul in Psalm 103:1-5. "Praise the Lord, O my soul; all my inmost being, praise his holy name. Praise the Lord, O my soul, and forget not all his benefits- who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's." Soul, receive and soak up God's healing presence in these words. Be blessed to trust the Spirit of God revealing Himself in you.

Spirit, you have felt the favor of these blessings. You can trust God's favor to forgive you, to heal you, and to redeem your life from the pit. You can trust Him to crown you with His love and compassion and to satisfy your desires with good things. Praise His name for these blessings that you have received as a gift from your Father.

Be blessed in His holy name as the covenant child of always-faithful God
(2 Tim 2:13).



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