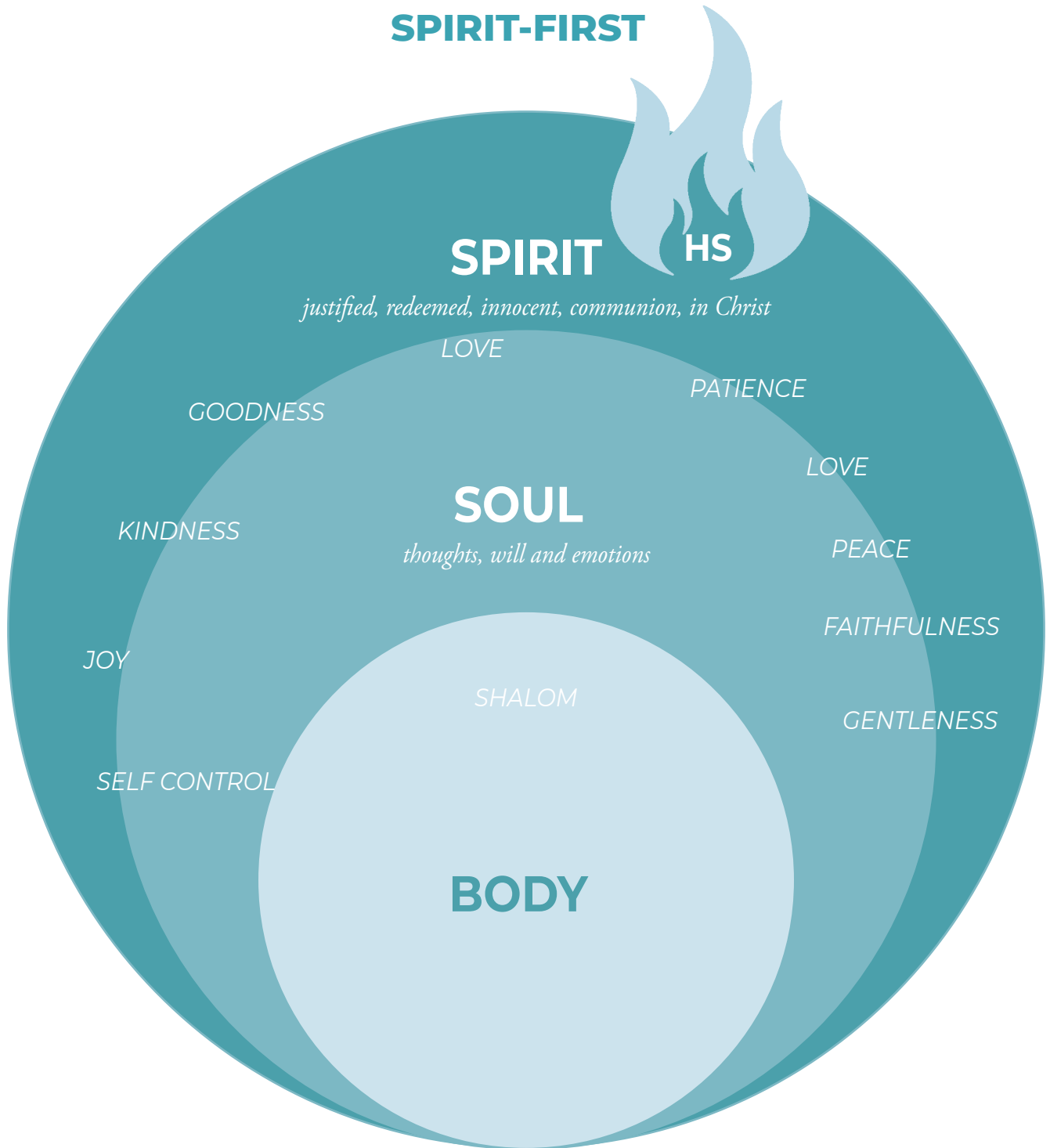


SPIRITUAL ORDER

UNDERSTANDING THE BODY, SOUL AND SPIRIT

LIVING OUT OF THE TREE OF LIFE SPIRIT-FIRST



LIVING OUT OF THE TREE OF KNOWLEDGE OF GOOD AND EVIL BODY/SOUL-FIRST



SCRIPTURES

1 THESS 5:23

Our being is made up of three parts: spirit, soul, body

1 COR. 6:17

We are united with the Holy Spirit when we say yes to Jesus

JOHN 6:63

The Holy Spirit we are united with brings life, not things of the flesh/natural world

ROMANS 5:1

Because of what Jesus did for us, we are seen as flawless in God's eyes

GAL. 5:19-22

Details the results of living a life led by the body/soul (v.19) and a life lived spirit-led (v.22)

ROMANS 7

Paul explains the struggle we experience as we are being sanctified.

**LIVING OUT OF THE TREE OF KNOWLEDGE
OF GOOD AND EVIL
BODY/SOUL-FIRST
Self-Reflection Worksheet**



Take time to self-reflect about some key “hang-ups” in your body and soul that keep you from being spirit-led. As you identify specific things that are keeping you living in the flesh (eg. comfort, control, shame), pray about how God might be calling you to stop feeding those things of the soul and body. Is there something you might fast from? Is there a spiritual practice you could add to your day?