

Freedom Class Week 5 – A Life of Surrender

Welcome and read some of the scriptures out of the lesson

35 minutes - Week Five Video – Overflow of the Heart

Discussion of Video and Week 6 Content (A Life of Surrender)

- What were some of the key things that lifted for you out of the video tonight?
- Which of the four heart blockages do you feel like you struggle with the most? (selfishness, bitterness, rejection, evil thoughts)
- What areas of your life do you struggle to surrender to God? Why does it feel hard to trust God with those things?
- This week, we learned that we often worship what we value most. What are some things that compete for your affections for Jesus and can hinder your relationship with Him? What do you think it would be like to lay some of those things down? How might that affect your relationship with Jesus?
- Were you prompted to surrender any relationships to the Lord? Why do you think God might be asking you to release those people?
- Which of the “Six Ways to Stay Unoffended” spoke to you the most and why?
- Is it hardest for you to surrender your past, present or future to God? Why?

Closing – Time to reflect on surrender and prayer of relinquishment

- What is God inviting you to lay down in this season?

Prayer of Relinquishment by Richard Foster...

The Prayer of Relinquishment is a bona fide letting go, but it is a release with hope. We have no fatalistic resignation. We are buoyed up by a confident trust in the character of God. Even when all we see are the tangled threads on the backside of life’s tapestry, we know that God is good and is out to do us good always. That gives us hope to believe that we are the winners, regardless of what we are being called upon to relinquish. God is inviting us deeper in and higher up. There is training in righteousness, transforming power, new joys, deeper intimacy.

*Today, O Lord, I yield myself to You.
May Your will be my delight today.
May You have perfect sway in me.
May your love be the pattern of my living.
I surrender to You my hopes, my dreams, my ambitions.
Do with them what You will, when You will, as You will.
I place into Your loving care my family, my friends, my future.
Care for them with a care that I can never give.
I release into Your hands my need to control, my craving for status, my fear of obscurity.
Eradicate the evil, purify the good, and establish Your Kingdom on earth.
For Jesus’ sake, Amen.*