

SESSION ONE

# Praying with Others | Prayer Ministry 101

PRAYING WITH OTHERS | LEVEL ONE



## Praying with Others | Prayer Ministry 101

## THE DOORWAY



Praying for others is a sacred call—a holy privilege. It invites us to listen to the Spirit, to others. It calls for love and availability and willingness to give when it is not convenient. We are representatives of God's truth and grace. Prayer is often offered when people are most vulnerable, so great care is needed to pray in ways that bring healing.

There is a powerful word in Hebrew that sums up three words in English. The word is **Hineni** (meaning "Here I am!") It is a

הִנְנִי

way of expressing total readiness to give oneself—it's an offer of total availability. When we pray for others, we are saying to God, "Here I am." It is a sincere response to an assignment from God. There are several examples in scripture, where people responded with "**Hineni**."

When God called out to Moses from the burning bush,

Moses replied, "**Hineni**." He was given the assignment to lead his people into the promised land. When God approached Abraham to ask him to offer his only son as a sacrifice, Abraham responded, "**Hineni**," not knowing what God was about to ask. God called out to the young boy Samuel three times before Samuel finally responded, "**Hineni!** I'm listening!"

Hineni means being fully available, ready to pay attention and obey instructions. And so, when we hear of someone's joy or heartache or need, we can respond with an offer to pray. "Here I am."

As astounding as it might seem, God actually makes himself available to us. He invites us to share our requests and needs with him, and is always listening to our cry. "**Hineni**" – "Here I am," the Great I Am stoops to assure us. He hears us, He sees us, He knows our struggle, and He is always there. Multiple times in scripture Jesus says, "What do you want?"

Here I am, Lord! **Hineni!** Send me!



# MINISTRY



"Soaking Prayer" is the prayer of other Christians that "penetrates and saturates you completely with peace and power of God in your body, mind and emotions as you rest and soak in the Lord."

—John David Hicks

## Silent Soaking Prayer

**Environment**—soft music, lower lights, candle

**Share**—what soaking prayer is

**Permission**—to touch

**Welcome**—the Spirit (open to images, scriptures, Jesus)

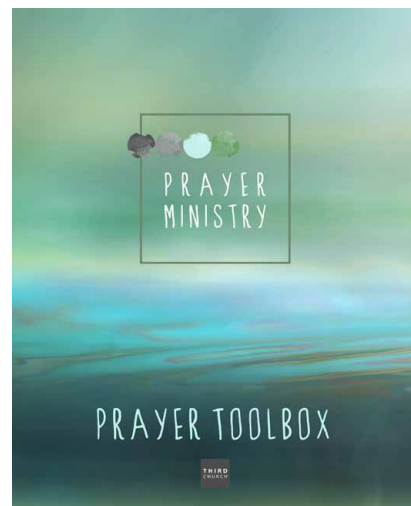
**Observe**—tears, joy, heaviness, weariness, refreshment

**Speak**—Prayer of Blessing

Many times people will share that soaking prayer has the same sensation as a "spiritual massage." It's often a time when distractions are removed and people simply rest in His power and presence without striving toward anything. Sometimes people are reminded of a memory, some scripture, a promise of God or His character of love, peace and joy. As we are soaked in prayer, the Holy Spirit ministers to our body, mind, spirit and emotions, and we are refreshed with a sense of God's presence, peace and rest.

## The Prayer Toolbox

Along with this material we have created the "Prayer Toolbox" that is a collection of the prayers that we use most often in ministry. This can serve as a quick reference tool when you are in a ministry setting and need some guidance on how to pray. The topics in this book include things like: Prayer of Protection and Cutting Free, Forgiveness, Prayer of Relinquishment, Father/Mother Blessings, etc.



# Silent Soaking Prayer

Soaking prayer is a time of concentrated silent prayer. It is like standing in a rain shower of prayer allowing prayer to penetrate and saturate you with the peace and power of God. It's letting your body, mind and spirit rest and soak in the healing Spirit of the Lord.

## What should I do when receiving soaking prayer?

Rest, both physically and spiritually—don't "do".... just "be."

Quiet the distractions of mind and spirit.

Create an openness for God's work within you in the quiet.

Surrender and mentally lay your burdens at the feet of Jesus.

Intentionally invite the presence of the Holy Spirit to speak to you.

Be still so you can focus on God and on what His word is for you.

Create a space for the deepest of changes: forgiveness, healing, renewed strength, visions, confirmations, affirmations from God.

## Why We Use Silent Soaking Prayer Ministry for Others

Soaking prayer is effective because it takes us out of the picture and allows God to work. *No words are spoken and therefore:*

There is **less distraction** for the person being prayed for. They can focus on God...not on you.

There is **less chance of saying something wrong** and distracting from the prayer time.

There is **less pressure** on the prayer minister to have a word from the Lord and wondering if it is the right word for the person receiving prayer.

Personal Soaking prayer allows **God to speak directly to us** without words getting in the way.

## How to Provide Soaking Prayer for Others

Turn on some soft soaking prayer music and **lower the lights**.

Consider **lighting a candle** to represent the presence of the Holy Spirit.

An **explanation** should be given to people as to what you will be doing before the soaking prayer begins.

Ask the person to find a **relaxed position** to receive with open hands, closed eyes.

**Ask permission** to lay your hand on their shoulder. Touch can be a prayer that has power all its own.

Lift up a **brief prayer** calling on God for help and inviting the Holy Spirit to minister.

Begin to **pray silently**. You may want to keep your eyes open to see the person's response. You may visualize an image that will help you focus in prayer (light flowing into the person, Jesus laying his hands on them).

**Close with a verbal prayer of blessing** or a verse of scripture that came to you during the silent prayer.



"The Lord bless and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face toward you and give you peace."  
—Numbers 6:24



## What to Expect During Soaking Prayer

These are common:

- Tears
- Sensations of joy
- Increased energy/feelings of revitalization
- Release of burdens and refreshment
- Overwhelming outpourings of love
- Recollection of certain scriptures
- Greater peace and a feeling of being blessed by God
- Total relaxation or even falling asleep
- Greater infilling of the Lord's presence and power

## Practicing Soaking Prayer

The class will divide up into small groups of 3-4 people.

The leader will turn on quiet soaking prayer music and light a candle.

The leader will pray the prayer of protection over the entire group.

Within the small groups, take turns soaking each other in prayer for 5 minutes using the steps listed above.

The leader will close the soaking prayer time.

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# Using God's Word in Prayer Times

## Our Greatest Weapon of Spiritual Warfare

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground.

**Take the helmet of salvation and the sword of the Spirit, which is the word of God.**  
—Ephesians 6:12, 17

### It is flawless.

As for God, His way is perfect; the Word of the LORD is flawless. —*2 Samuel 22:31*

### It is a light in darkness.

Your word is a lamp to my feet and a light for my path. —*Psalms 119:105*

### It is powerful.

Now, Lord, look on their threats, and grant to Your servants that with all boldness they may speak Your Word, by stretching out Your hand to heal, and that signs and wonders may be done through the name of Your holy Servant Jesus." —*Acts 4:29-30*

### It is alive.

For the Word of God is living and active. Sharper than any double-edged sword. —*Hebrews 4:12*

### It never lets us down.

It is the same with my Word. I send it out, and it always produces fruit. It will accomplish all I want it to, and it will prosper everywhere I send it. —*Isaiah 55:11*

### It was a tool that Jesus used.

Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'" —*Matthew 4:4*



### How can we use the Bible during prayer times?

Become familiar with your own personal Bible and bring it with you. It's your greatest prayer tool!

Consider committing several scriptures to memory or write down where to find scriptures related to common issues such as comfort, hope, peace, thanksgiving, forgiveness, illness, fear, despair, etc. Keep the scripture short and to the point.

Get familiar with the "Sword of the Spirit" book by Joy Lamb—great tool!

Share what you are hearing from God during the prayer time...example-"This scripture came to mind as I was praying for you, you may want to spend some time in it this week and see what God might be saying through it."

Consider writing down the reference for the scripture and giving it to the person being prayed for.

Try putting someone's name into the scripture to personalize it.



### Praying Psalm 23 in a personal way

**"The Lord is your Shepherd, [name] He has everything you need.**

**[name], The Lord invites you to lie down and rest in a green pasture. He desires to lead you beside still water.**

**[name], May the Lord restore your soul in this place. [Pause]**

**[name], May the Lord guide you along the right path and give you direction so you may glorify His name.**

**Even though you may walk through a valley of darkness and death, God is with you, [name], so there is nothing to fear.**

**He is right there comforting you. God desires to refresh you even in the midst of your troubles.**

**May he revive you and make you feel secure. May your cup overflow with blessings.**

**I pray that goodness and love will follow you all the days of your life, [name], and that you will seek to dwell with the Lord forever.**

## A Prayer for Protection

### History of the Prayer of Protection

Back in the 1980s when Francis and Judith Mac Nutt were beginning their healing ministry; they spent time with Betty Breenen and Father McAlear [her priest] who had a deliverance ministry. Betty came out of one of the higher levels of witchcraft leadership and the occult before she put her faith in Christ. The references to the spirit world come directly from the occult practices of prayer against Christians and the Kingdom of God.





## Prayer of Protection

*[to be prayed before ministry]*

**In the name of Jesus Christ, and by the power of His Cross and His Blood, we bind up the power of any evil spirits and command them not to block our prayers. We bind up the powers of earth, air, water, fire, the netherworld and the satanic forces of nature. We break any curses, hexes or spells sent against us and declare them null and void. We break the assignments of any spirits sent against us and send them to Jesus to deal with them as He will. Lord, we ask You to bless our enemies by sending Your Holy Spirit to lead them to repentance and conversion. Furthermore, we bind all interaction and communication in the world of spirits as it affects us and our ministry. We ask for the protection of the shed blood of Jesus Christ over [name]. Thank you, Lord, for Your protection and ask that you send your angels to help us in the battle. We ask you to guide us in our prayers; share with us Your Spirit's power and compassion. Amen.**

## Note from the Mac Nutt's

"Earth, air, fire, and water" are unfamiliar categories to most of us. But these are the main elements of the world as the ancients divided them. The reason we put them in the prayer are simply the categories that Satanists use in casting curses. For instance, demons that inhabit the "air" can cause hurricanes. You need not use these categories, of course, if you had rather not. We are simply breaking curses by reversing them in the same terms that Satanists use against us."

## Supporting Scriptures

When Jesus had called the Twelve together, he gave them power and authority to drive out all demons and to cure diseases. —*Luke 9:1*

But you will receive power when the Holy Spirit comes on you; and you will be my witnesses. —*Acts 1:8*

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. —*Ephesians 6:12*

That at the name of Jesus every knee should bow, in heaven and on earth and under the earth. —*Philippians 2:10*

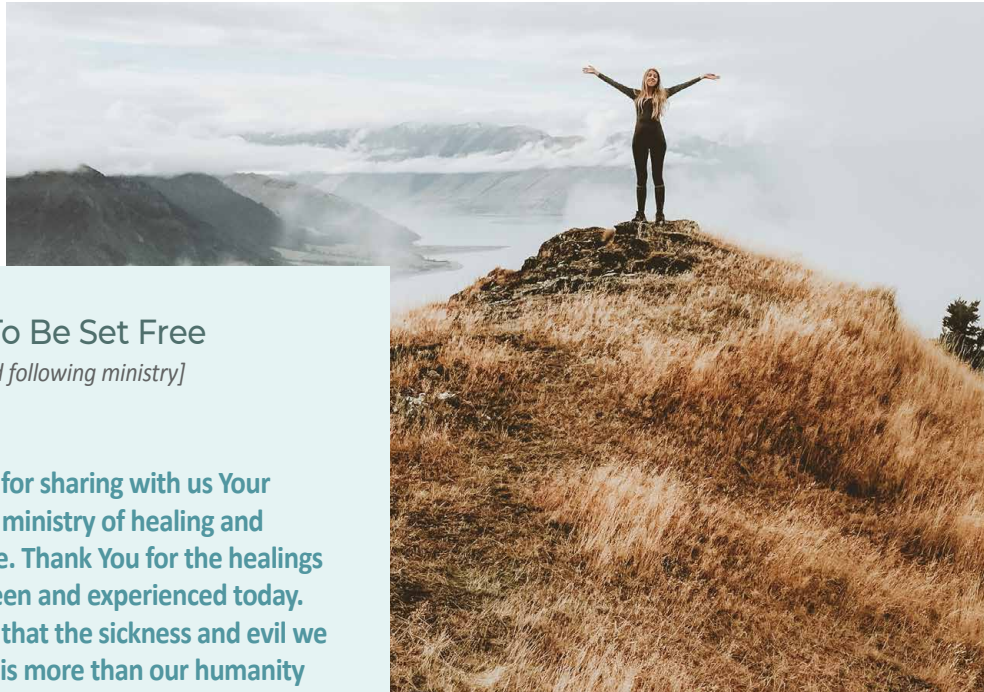
Bless those who curse you, pray for those who mistreat you. —*Luke 6:28*

Those who oppose him he must gently instruct, in the hope that God will grant them repentance leading them to a knowledge of the truth. —*2 Timothy 2:25*

Holy Father, protect them by the power of your name--the name you gave me--so that they may be one as we are one. —*John 17:11*

My prayer is not that you take them out of the world but that you protect them from the evil one. —*John 17:15*

# Prayer To Be Set Free



## Prayer To Be Set Free

*[to be prayed following ministry]*

**Lord Jesus,**  
**Thank You for sharing with us Your wonderful ministry of healing and deliverance. Thank You for the healings we have seen and experienced today. We realize that the sickness and evil we encounter is more than our humanity can bear. So cleanse us of any sadness, negativity or despair that we may have picked up. If our ministry has tempted us to anger, impatience or lust, cleanse us of those temptations and replace them with love, joy and peace. If any evil spirits have attached themselves to us or oppressed us in any way, we command them to depart—now—and go straight to Jesus Christ for Him to deal with as He will. Come, Holy Spirit, renew us, fill us anew with Your power, Your life and Your joy. Strengthen us where we have felt weak and clothe us with Your light. Fill us with life.**

**And, Lord Jesus, please send Your holy angels to minister to us and our families—guard us and protect us from all sickness, harm and accidents. We praise You now and forever, Father, Son and Holy Spirit, and we ask these things in Jesus' Holy Name that He may be glorified.**

## Supporting Scriptures

But even the archangel Michael, when he was disputing with the devil about the body of Moses, did not dare to bring a slanderous accusation against him, but said, "The Lord rebuke you!"

—*Jude 1:9*

## Note from the Mac Nutt's

As far as giving instructions to the demons, at Christian Healing Ministries we practice with the humility of Jude 1:9, when even Michael the archangel did not presume to give the devil direction, but said, "The Lord rebuke you." We choose to let Jesus deal with the spirits as he sees fit. [the Bible does also have Jesus sending demons to the "abyss or bottomless pit" in Luke 8:31 or having them go to "dry places" as in Matthew 12:43]

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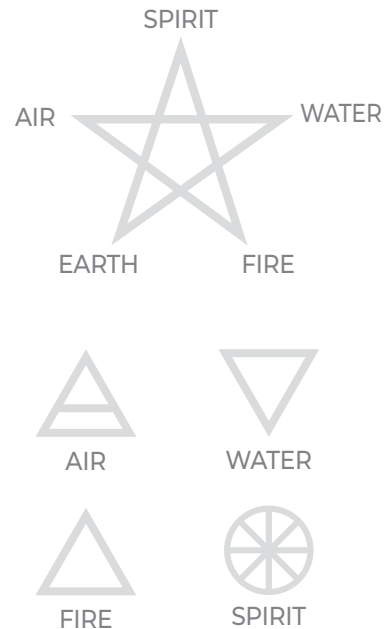
# Fire, Water, Earth, Air and Spirit

## Five Elements of Magic and Ritual

The five elements of fire, water, air, earth, and spirit are used by neo-pagans and occultists in magic and ritual to represent the forces of nature and spiritual aspects of ourselves and our relationship to the divine. They are not the same as the table of elements in science.

Illustrated to the right are the symbols of each element from ceremonial magic which is part of the western magical tradition that has influenced much of our current magical thought. Along with these symbols are given the physical and spiritual attributes associated with each element.

Nature elementals and other correspondences such as neo-shamanic totems (animal correspondences) are outside the scope of this article. The symbols and attributes given here are but one strand of thought on this topic but they do come from an established and time-tested tradition.



## RESOURCES

### Books

***Prayer Toolbox***

***The Sword of the Spirit, the Word of God***

by Joy Lamb

***Daily Spirit Blessings***

by Sylvia Gunter



Notes

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