

SESSION FOURTEEN

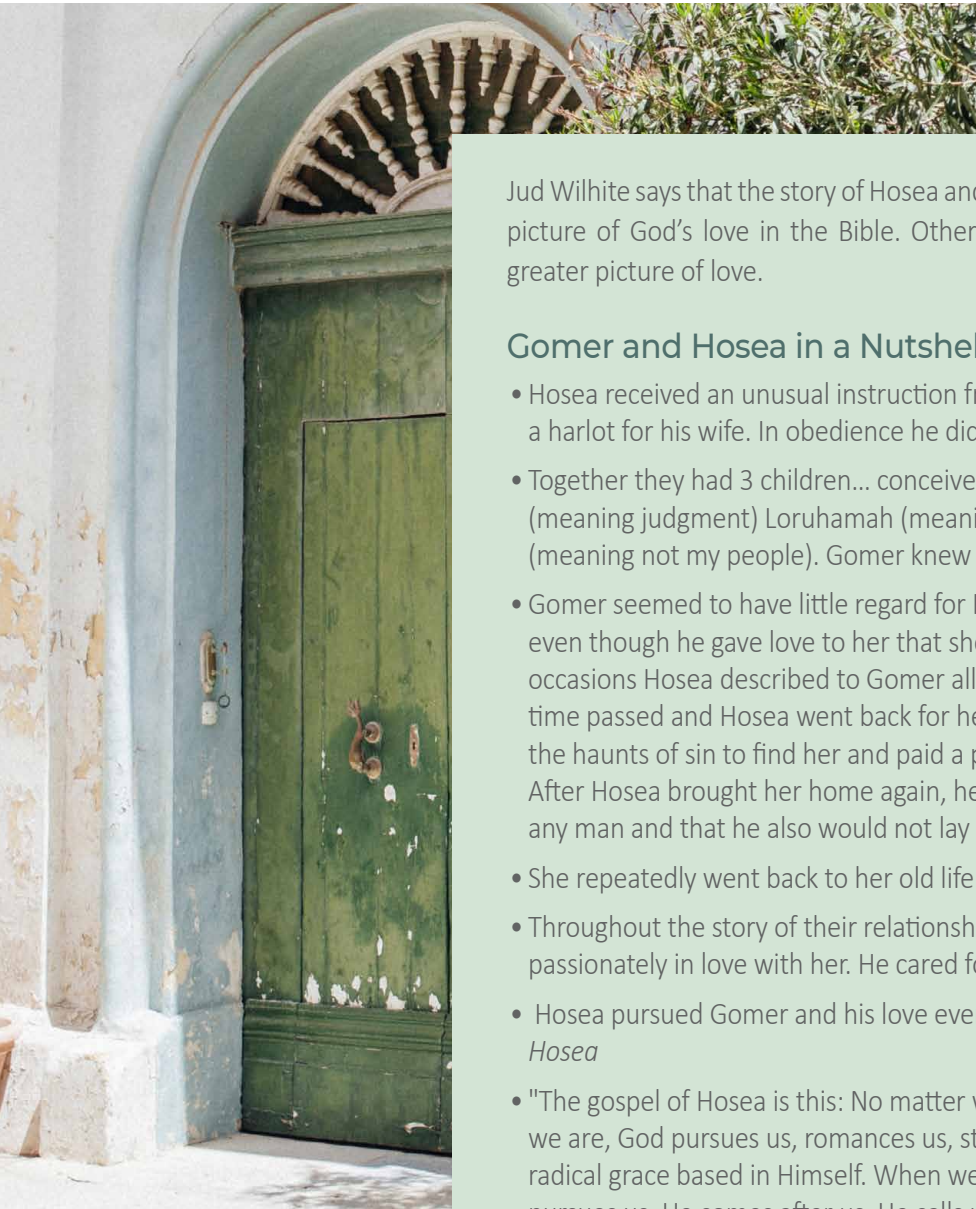
Sexual Wholeness

PRAYING WITH OTHERS | LEVEL TWO



Sexual Wholeness

THE DOORWAY



Jud Wilhite says that the story of Hosea and Gomer is the 2nd most powerful picture of God's love in the Bible. Other than Christ's death, there is no greater picture of love.

Gomer and Hosea in a Nutshell

- Hosea received an unusual instruction from God. He told him to go take a harlot for his wife. In obedience he did.
- Together they had 3 children... conceived from other men.... Jezreel (meaning judgment) Loruhamah (meaning not mercy) and Loammi (meaning not my people). Gomer knew she was not worthy of Hosea.
- Gomer seemed to have little regard for Hosea. She left him for a lover even though he gave love to her that she had not know. On several occasions Hosea described to Gomer all that he had to offer her. Some time passed and Hosea went back for her. He literally walked through the haunts of sin to find her and paid a pretty hefty price to ransom her. After Hosea brought her home again, he instructed her not to belong to any man and that he also would not lay with her either.
- She repeatedly went back to her old life many times.
- Throughout the story of their relationship he remained faithful and passionately in love with her. He cared for her in secret.
- Hosea pursued Gomer and his love eventually freed her. —*Book of Hosea*
- "The gospel of Hosea is this: No matter what we do, no matter how sinful we are, God pursues us, romances us, stalks us, and stakes us out in a radical grace based in Himself. When we run away from Him, God still pursues us. He comes after us. He calls us. And even when we are full of pain and hurt, He can still find and heal us." —*Pursued*



Reflection on who Gomer and Hosea Were

Think and reflect on who Gomer is and who Hosea is using the information below. Then you'll find some stepping stones to wholeness. What practices are you currently engaging in? What is God inviting you into?

Gomer	Hosea
Harlot/ prostitute	Servant
Child of God	Covenant
Significant	Redemption
Secure	Love
Unfaithful	Grace
Rock bottom	Pursuer
Continued to pursue old habits	Truth/ grace
Loved	
Sinner	

Sinner	Pursuer
Intrusion of Enemy	Lover
Disobedience	Emotional—devastated to see His people turning their backs on Him...The 1st chapter reads like a horrible breakup letter from God... God allows us to see His transparency. When we choose to remain a mess, we arouse profound emotions in God.
Inner Vows/ Judgments	Faithful
Emotional Trauma	He grieves—heart full of pain
Unforgiveness	Passion
Takes shortcut to fulfillment—substitutes sex for love	Holiness
	Jealous—intense care devoted to people

Being a Witness to God's Exchanges	
Lies	Truth Wisdom
Disobedience	Obedience Comforter
Wounded	Healer
Despair	Hope

Living in Blessing



Choosing Healthy Rhythms

Exchanges

- Lies/Truth
- Cleansing of memories
- Breaking soul ties
- Breaking strongholds
- Exchanging shame

Praying Blessing/ Sense of Being

- Identity in Christ
- Cleansing Imagination—
putting things "back to sleep"

Naming Sin

- Intrusion of the enemy
- Disobedience
- Soul ties
- Generational Sin
- Unforgiveness
- Curses

Allowing Emotion

- Grief
- Anger
- Fear

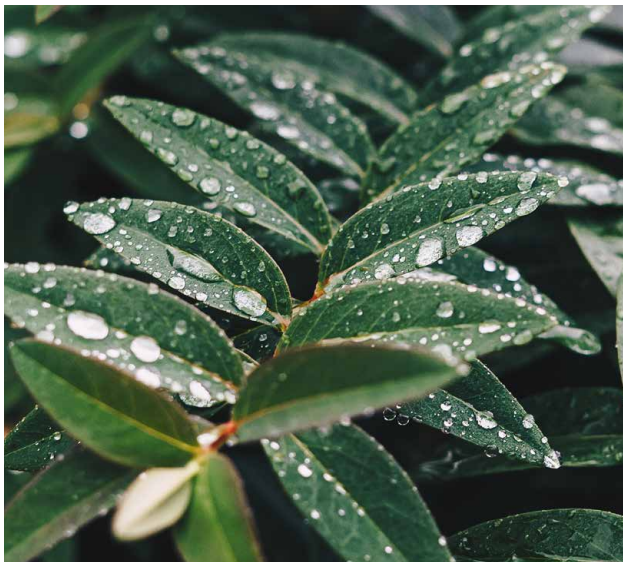
Support

- Marriage mentoring
- Seasons of Prayer
- Counseling/doctor
- Accountability
- Cleansing house

Forgiveness of Self and Others

- Godly sorrow
- Confession

MINISTRY



Put your "ticket" representing "SHAME" in the garbage or in a place that represents being done with shame.

You may also want to cut a strip of red cloth to use as a bookmark—marking Jesus blood paying the price for sin.

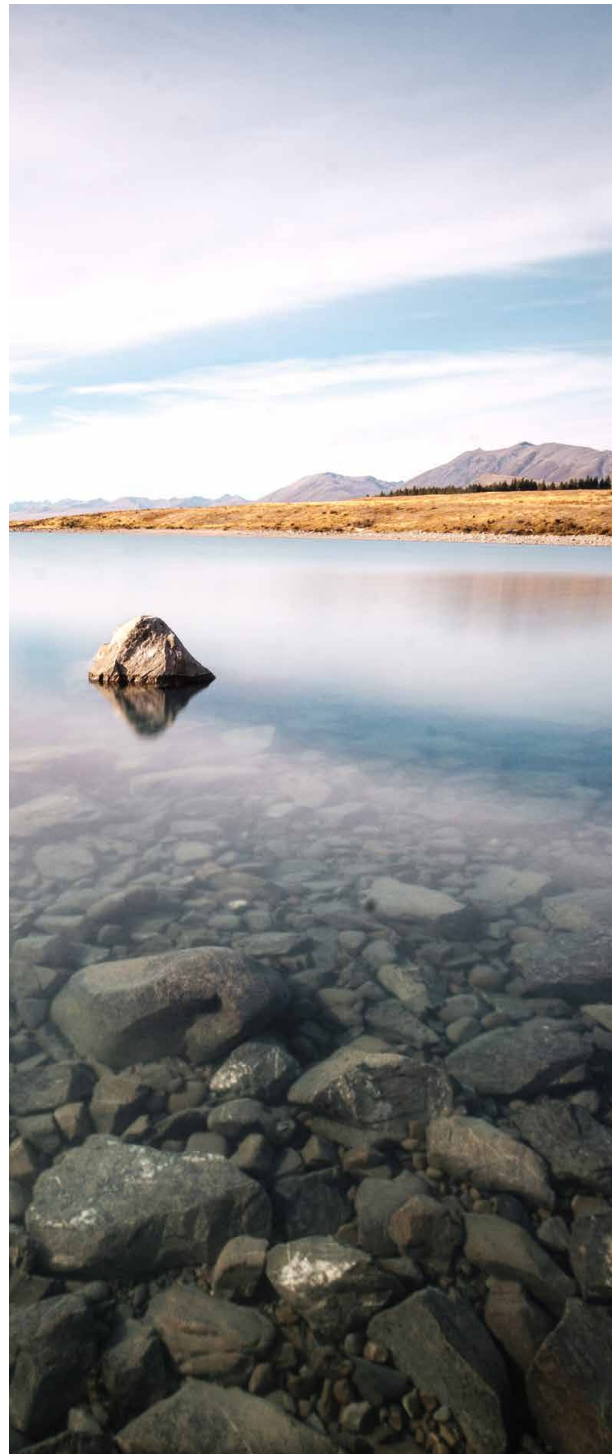
Read the prayer for sexual wholeness.

Prayer for Sexual Wholeness

Lord Jesus Christ, I confess here and now that you are my Creator and therefore the creator of my sexuality. I confess that you are also my Savior, that you have ransomed me with your blood. I have been bought with the blood of Jesus Christ; my life and my body belong to God. Jesus, I present myself to you now to be made whole and holy in every way, including my sexuality. You ask us to present our bodies to you as a living sacrifice and the parts of our bodies as instruments of righteousness. I do this now. I present my body, my sexuality, and I present my sexual nature to you.

Jesus, I ask your Holy Spirit to help me now remember, confess, and renounce my sexual sins. Lord Jesus, I ask your forgiveness for every act of sexual sin. You promised that if we confess our sins you are faithful and just to forgive our sins and cleanse us from all unrighteousness. I ask you to cleanse me of my sexual sins now, cleanse my body, soul and spirit, cleanse my heart and mind and will, cleanse my sexuality. Thank you for forgiving me and cleansing me. I receive your forgiveness and cleansing. I renounce every claim I have given Satan to my life or sexuality through my sexual sins. Those claims are now broken by the Cross and blood of Jesus Christ.

Lord Jesus, I choose to forgive myself for all my sexual wrongdoing. I also choose to forgive those who have harmed me sexually. I release them to you. I release all my anger and judgment toward them. Come Lord Jesus, into the pain they caused





me and heal me with your love. I now bring the Cross of my Lord Jesus Christ between me and every person with whom I have been sexually intimate. I break all sexual, emotional, and spiritual bonds between those I have been sexually intimate with. I keep the cross of Christ between us.

Lord Jesus, I now consecrate my sexuality to you in every way. I consecrate my sexual intimacy with my spouse to you. I ask you to cleanse and heal my sexuality and our sexual intimacy in every way. I ask your healing grace to come and free me from all consequences of sexual sin. I ask you to fill my sexuality with your healing love and goodness. Restore my sexuality in wholeness. I pray all this in the name of Jesus Christ my Lord. Amen.

Dealing with Shame



This "ticket" represents shame felt over decisions made, hurt you have caused yourself & others. Remember that guilt says, "What I've done is bad," while shame is "I am bad." Shame is not from God and is used by the evil one to destroy, distract and disorient us from who God is and who we are in Christ. Tear off "shame" from this page, lay it at the cross. Pick up a strip of red cloth, which is a symbol that we can exchange shame by the blood of Christ for HOPE.

RESOURCES

Books

***Healing the Wounded Heart:
The Heartache of Sexual Abuse
and the Hope of Transformation***
by Dan B. Allender

***Wired for Intimacy: How
Pornography Hijacks the Male Brain***
by William M. Struthers

***The Soul of Shame: Retelling the
Stories We Believe About Ourselves***
by Curt Thompson



Notes

A series of horizontal dotted lines for writing notes, spanning the width of the page.